

Rural Reach Out

# Crossing the disability divide

## **Robinvale Workshop**

**Date:** Thursday 19th September 2019

**Time:** 10:30am-2pm

**Venue:** Robinvale District Health Services Conference Centre

**Address:** 128-132 Latje Rd. Robinvale

**Cost:** Free

**Refreshments provided**

## ***Collective of Self Help Groups (COSHG)***

COSHG has over 40 years of knowledge and experience in supporting groups.

This workshop seeks to improve the personal outcomes of those with a disability, their families and carers and to strengthen connections within their communities.

Presenters Christine McAuslan, COSHG Co-ordinator, and Community Development Worker Jeff Coley will look at:

*What are self help and support groups?*

*What are the benefits of being in a group with those who have similar experiences?*

*Setting up a new group and maintaining an existing one?*

*Sharing your experience and knowledge*

*Bookkeeping basics for groups*

COSHG acknowledges the support of the Victorian Government Department of Health and Human Services.



To register

Phone (03) 9650 2005

Email: [info@coshg.org.au](mailto:info@coshg.org.au)

Web: [www.coshg.org.au](http://www.coshg.org.au)

Please contact us if you require any special needs.