

Rural Reach Out

Crossing the disability divide

Wangaratta Workshop

Date: Tuesday 17 September 2019

Time: 10:30am-2pm

Venue: Community Room, Wangaratta Library

Address: 21 Docker St. Wangaratta

Cost: Free

Refreshments provided

Collective of Self Help Groups (COSHG)

COSHG has over 40 years of knowledge and experience in supporting groups.

This workshop seeks to improve the personal outcomes of those with a disability, their families and carers and to strengthen connections within their communities.

Presenters Christine McAuslan, COSHG Co-ordinator, and Community Development Worker Jeff Coley will look at:

What are self help and support groups?

What are the benefits of being in a group with those who have similar experiences?

Setting up a new group and maintaining an existing one?

Sharing your experience and knowledge

Bookkeeping basics for groups

This workshop is part of a series of free rural workshops around Victoria funded by the Information, Linkages and Capacity Building (ILC) grants.



To register

Phone (03) 9650 2005

Email: info@coshg.org.au

Web: www.coshg.org.au

Please contact us if you require any special needs.