



Collective Notes

Winter eBulletin



COSHG Update

Expression Of Interest COSHG Management Collective

The Collective of Self Help Groups (COSHG) is currently seeking additional members for our Management Collective.

If you are a member of a self help/support group or have other experience, such as working with groups or have community development skills, we would be interested in hearing from you.

The COSHG Management Collective operates in a non-hierarchical model within a community development framework. We meet approximately every 6 weeks, currently we are using a combination of face-to-face and zoom.

Note: New Management Collective members need to have a current Police Check or obtain one to comply with our Department of Health and Human Services funding agreements. For further information please contact us at COSHG. info@coshg.org.au

Survey

COSHG has developed a short survey which intends to identify the issues self help/support groups are dealing with during the COVID-19 epidemic.

Your participation will contribute to COSHG creating new resources. It will also assist with information sharing, aid groups to stay in contact and maintain their group. If we can assist with any other group matters please let us know. The link is attached below, if you would like a hard copy sent please contact us.

TAKE THE SURVEY

Database Update

COSHG is currently updating our extensive database. This information allows us to connect groups with each other, individuals to groups, and disseminate information to specific communities.

If you are interested in being included in our database please follow the below link to complete a profile. If you would like a hard copy please contact us.

UPDATE DEATAILS

News

She's a crowd

She's a crowd is an online platform that is working to make our cities safer for women and gender diverse people. Harassment on public transport or during a journey is common place for women and gender diverse people within Australia. She's a crowd is working to solve this issue by raising awareness of such harassment. The team use stories of lived experiences to create data that can assist in making journeys safer. If you are a woman, girl or non-binary person you can help by anonymously sharing your transport story. Your stories could make cities safer and end gender based violence.



Illustration She's a crowd, 2021

VISIT

NAIDOC Week

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. The week is a great opportunity to participate in a range of activities and to support your local Aboriginal and Torres Strait Islander community

2021 theme

Heal Country

Heal Country! – calls for stronger measures to recognise, protect, and maintain all aspects of Aboriginal and Torres Strait Islander culture and heritage.

LEARN MORE



NAIDOC Poster 2021, Artist: Gubbi Gubbi artist Maggie-Jean Douglas

Victorian Spent Conviction Scheme

On 30 March 2021, the [Spent Convictions Act 2021 \(Vic\)](#) came into effect. The Act brings Victoria in line with other Australian states and territories by introducing a scheme for certain criminal offences to be removed from an individual's criminal record.

[READ MORE](#)

Koorie Heritage Trust strengthens community through technology during COVID

COVID restrictions and lockdowns have caused disruptions to how we interact on a daily basis. As part of National Reconciliation Week the Koorie Heritage Trust spoke to Infoxchange about how they have taken advantage of technology in order to support their community and bring them together during this difficult time.

[READ MORE](#)

Disability groups play part in COVID-19 vaccine rollout

Australian disability charities have stepped up to the challenge of assisting in the vaccine rollout. Through partnership with the Federal Government disability agencies have been opening vaccination hubs across Australia and supporting their communities to get the Jab

[READ MORE](#)

How not-for-profits are using social media in 2021

The way not-for-profits communicate with their members and operate has shifted throughout the COVID pandemic. Social media has become a tool to instantly connect with a range of people around the world. It has also presented an opportunity for not-for-profits to expand their support base and raise awareness of their causes. Connecting Up highlights the key ways not-for-profits are using social media in 2021.

[READ MORE](#)



KIDSAFE/TCFV Online Support

The Compassionate Friends are excited to announce a new collaboration and peer support opportunity: TCFV and Kidsafe for individuals/families that have lost a child/grandchild/sibling from an accident under the age of 14.

Meetings will be held the second Tuesday evening of each month. To register to attend the first meeting - next Tuesday, July 13 at 7pm - please contact Alex Hamilton at: alex@kidsafevic.com.au

There is also the online peer support of Express Yourself Through Art. Information on upcoming classes can be found here: <https://www.compassionatefriendsvictoria.org.au/events/category/tcfv/>

Online group meeting will also take place for regional Victorians bereaved of a child/sibling/grandchild through suicide on the Thursday 19th August: <https://www.compassionatefriendsvictoria.org.au/event/regional-online-aug21/>



VISIT

Events & Workshops

Starting a social enterprise

Not-for-profit law are hosting a webinar for people who are interested in starting a social enterprise and who are wanting to understand the legal issues involved. Social enterprises play an important role in ensuring the financial sustainability of community organisation. It is important for organisations to understand the legal standpoints and establish strong foundations.

When: 3rd August, 12:45pm-2pm, **Where:** Online, **Cost:** \$30-\$50

MORE INFORMATION

Embracing Our Country

The NAIDOC 2021 theme, 'Heal our Country!', is a call for stronger measures to recognise, protect and maintain all aspects of Aboriginal and Torres Strait Islander culture and heritage across Australia. Join Think HQ and our very own Head of First Nations Engagement and Communications, Professor Shane Hearn, as he takes us on a journey in our special NAIDOC webinar, exploring his personal interpretation of country (family, kin, law, lore, ceremony, traditions, and language) - remembering the past, acknowledging the present and realising the path forward to healing.

When: 15th July, 4:00pm-4:45pm, **Where:** Online, **Cost:** Free

REGISTER

Nova Peris at Kofkin Bond

An intimate event for friends of Kofkin Bond & Co to listen to one of Australia's greatest achievers in life the inspiring athlete Nova Peris.

This is a great opportunity to learn Nova's inspirational story of discipline, willpower, goal setting, overcoming obstacles, natural talent isn't enough, helping aboriginal children. Nova will commence at 6pm.

We are limited to numbers, if you could RSVP, it would be appreciated.

When: 13th July, 5:30pm Arrival Time, **Where:** Kofkin Bond & Co - Level 9, 21 Victoria Street Melbourne 3000, **Cost:** Free

REGISTER



Online Project Management Training for Non Profit Organisations

Projects in the not for profit sector can be challenging with limited budgets, answering to Boards and managing volunteering staff who want to help but may not be well versed in working in project teams. As such, planning and preparation become essential. Managing, juggling and using alternative resources and solutions becomes imbedded into your everyday activities to achieve great results which are on time and within the estimated budget. Pro Bono Australia are providing an online course to equip participants with the tools to help manage projects and stakeholders throughout the life cycle, and demonstrate through measurement the impact the project has had within the community.

When: 14th September, **Where:** Online, **Cost:** \$280

MORE INFORMATION

Content Creator's Bootcamp

With major changes and diminishing audience selection in paid social media, the creation of organic content to engage with, grow and activate your online communities is more important than ever. In this 4 week interactive Bootcamp, Kate will guide you through proven frameworks to ideate, plan, create, and amplify your content. Don't know what you should be creating or how to do it? We will show you how to create compelling content that helps your organisation cut through the noise and stand out from the crowd.

When: 20th July-10 August, **Where:** Online, **Cost** \$200

MORE INFORMATION

Pivoting to Remote Work – COVID-19 Response Course Track for Non-profits

To continue serving your community during the COVID-19 pandemic, you may find the need to quickly transition to remote work. To help you, TechSoup created a range of free courses to provide information and tools as you make this transition. These courses help not-for-profits lay the groundwork for successful remote office environments.

When: Ongoing, **Where:** Online, **Cost:** Free

MORE INFORMATION

Funding Opportunities

Small Grants Program

Small Grants Program is provided by Pride Foundation Australia (PFA) to support individual, organisation or community projects that directly or indirectly assist, involve, and benefit LGBTQIA+ people. PFA are looking for programs that promote positive social outcomes for LGBTQIA+ people and the mental health in the community. Grants of up to \$750.

Round: [Second Round Closes](#) 17-Jul-2021, [Third Round Closes](#) 13-Nov-2021

MORE INFORMATION

Laptop Grant

Capstone Editing are providing \$3000 Harvey Norman vouchers for postgraduate students who are undertaking coursework. The grant is designed to provide students who do not have a laptop with suitable equipment and software needed to complete their studies.

Round: [Open](#) 01-Sep-2020, [Closes](#) 26-Jul-2021

MORE INFORMATION

Harcourts Foundation Grants

Harcourts are providing grants of up to \$5000 to provide support for not-for-profit projects that assist, grow and enriches the local communities they operate in.

Round: [Opened](#) 04-May-2021, [Closes](#) 03-Aug-2021

MORE INFORMATION

Telstra Disability Equipment Program

Telstra are providing customers who are deaf, blind or have hearing, speech, vision, mobility or dexterity impairment with products to make communication more accessible.

Round: Ongoing

MORE INFORMATION

Community Grants Program

Sisters of Charity Foundation support organisations who address poverty, loneliness, suffering and oppression in their community. The funding is designed for smaller grass-roots organisations who struggle to find grants from more traditional sources. Providing grants of up to \$15,000.

Round: [Opens_01-Aug-2021](#), [Closes_30-Sep-2021](#)

MORE INFORMATION

Other Grants

CLICK THE LINK BELOW FOR MORE INFORMATION

[MAKE THE DIFFERENCE! GRANTS PROGRAM](#)

[SPECIALIST RADIO PROGRAMMING GRANTS](#)

[INDIGENOUS DEVELOPMENT](#)

[MENTAL HEALTH AND ALCOHOL AND OTHER DRUG FACILITIES RENEWAL FUND \(MHAODFRF\)](#)

[VICTORIAN HOMELESSNESS MEDIA AWARDS](#)

[WESTPAC YOUTH IMPACT CHALLENGE](#)

Get Involved

If you are interested in having a submission in the eBulletin, are interested in becoming a member, want to organise a workshop or need advice regarding your self help group please email us at info@coshg.org.au

For more information about what we do visit the website <https://www.coshg.org.au>

BECOME A MEMBER

COSHG is a proud tenant of Ross House which is situated on the land of the Wurundjeri people, the traditional owners of this land. We acknowledge all traditional owners of the land which we work and visit and pay our respect to their elder past, present and emerging.

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